

REFERRAL OPTIONS & ELIGIBILITY

Self-funded patients

- Referral from **GP or specialist** required
- Most scans accepted (arthrograms not offered)
- Payment required at time of booking

Private medical insurance

- Most insurers require specialist referral
- **Southern Cross: Specialist only** (policy dependent)
- **NIB: GP or specialist** referrals (check policy)
- **Other insurers:** Check policy
- Pre-approval recommended or signed private payment agreement required
- Include insurance provider on referral form

ACC high-tech imaging pathway (limited access)

- An ACC-approved injury required
- Referral accepted from **ACC-registered specialist**
- **ACC-accredited GPs** (via ProCare Profusion Pathway) can refer for: Knee, cervical, lumbar spine
- **TBIHealth physiotherapists:** Lumbar spine only (must meet ACC criteria)

HOW TO REFER

- **Email:** referrals@matai.org.nz (self-funded or insurance-funded)
- Printed referrals also accepted in person at Mātai.
- All referrals must include:
 - Patient name, DOB, NHI, contact information
 - Any pacemakers, metal implants, or history of metal accidents to the eye
 - Relevant clinical information and reason for scan
 - Referrer's contact details and EDI (if first-time referrer)
 - Date of injury (for ACC)
 - Insurance details (if applicable)



Mātai
Te Mata Mātai Hura



Mātai

Te Mata Mātai Hura
Mātai Medical Research Institute
TAIRĀWHITI GISBORNE | NEW ZEALAND

RESEARCH PARTICIPATION

Learn more  www.matai.org.nz/research
Stay updated  www.matai.org.nz/newsletter
Enquiries  researchbookings@matai.org.nz

GENERAL ENQUIRES

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 www.matai.org.nz

MRI REFERRAL & BOOKING GUIDE

MRI Innovation. Global Expertise. Smarter Decisions.

MĀTAI IS A WORLD-CLASS MRI FACILITY IN TAIRĀWHITI GISBORNE, OFFERING ADVANCED IMAGING FOR ACCURATE DIAGNOSIS AND PERSONALISED CARE – WHETHER YOU’RE A CLINICIAN, PATIENT, OR RESEARCHER.

OUR SERVICES



ABDOMINAL MRI

Liver, pancreas, gallbladder, kidneys, adrenal glands.



BONE MRI

Detailed imaging of bones for trauma, lesions, or tumours.



BRAIN & HEAD MRI

Tumours, dementia, multiple sclerosis (MS), stroke, and other neurological conditions.



BREAST MRI

High-risk screening and diagnostics.



CARDIAC MRI

Heart structure, function, and myocardial perfusion — even while in atrial fibrillation.



FETAL MRI

Advanced imaging of the unborn baby following abnormal ultrasound.



INNER EAR / IAC MRI

Hearing loss, vertigo, acoustic neuromas.



LUNG MRI

Radiation-free lung structure and function.



MR CHOLANGIOPANCREATOGRAPHY (MRCP)

Bile ducts and pancreas.



MR ENTEROGRAPHY

Small bowel (e.g. Crohn’s disease and inflammatory bowel disease).



MR UROGRAPHY

Kidneys, ureters, bladder.



MUSCULOSKELETAL MRI

Knee, shoulder, wrist, or any other joints, bones, muscles, tendons, ligaments.



NECK MRI

Salivary glands, thyroid, lymph nodes, and other soft tissue structures.



ONCOLOGIC STAGING MRI

e.g. lymphoma, myeloma, metastatic disease.



ORBITS / EYE MRI

Optic nerves, muscles, and orbital structures (e.g. optic neuritis, tumours, inflammation).



PLACENTA MRI

Specialised imaging of the placenta to assess function and complications in pregnancy.



PELVIC MRI

Uterus, cervix, ovaries, bladder, rectum (including cancer staging).



PITUITARY MRI

Pituitary gland and other endocrine conditions.



PROSTATE MRI

Diagnosis and active surveillance of prostate cancer.



SOFT TISSUE MRI

Cysts, sarcomas.



SPINE MRI

Cervical, thoracic, and lumbar spine; disc herniation, tumours, nerve root compression.



TEMPOROMANDIBULAR JOINT (TMJ) MRI

Jaw joint dysfunction and pain.



VASCULAR MRI

Aneurysms, vascular malformations, peripheral vascular disease, selected vessel assessment.

SCANNER WE USE | SIGNA™ PREMIER 3T MRI – wide-bore design with in-bore entertainment for a more comfortable, less enclosed experience.

MĀTAI SPECIALTY MRI PATHWAYS

Prostate Cancer MRI

Led by Dr. Daniel Cornfeld

- Free for Tairāwhiti patients undergoing pre-biopsy MRI
- Men <70 years with PSA >3 ng/mL.
- 20-minute multiparametric scan.
- Speak to your GP about a referral to the public urologist.

Cardiac Stress Perfusion MRI

Led by Dr. Daniel Cornfeld

- Assesses perfusion & ischemia using pharmacologic stress
- High-res imaging for intermediate to high-risk coronary artery disease.
- Referral via:
 - Te Whatu Ora Tairāwhiti medicine/cardiology clinic
 - Private cardiologist

Precision Health Consultancy – Early Disease Detection

Led by Dr. Saralyn MacKenzie

- Self-referral to Dr. Saralyn MacKenzie accepted
- Consultation and MRI may be:
 - Covered by insurance if medically indicated; or
 - Self-funded
- High-resolution MRI for complex or high-risk health concerns.
- Covers brain, spine, heart, organs, and soft tissues.
- Non-invasive / no ionising radiation.

Ideal for:

- Strong family history of serious illness.
- Ongoing or unexplained symptoms.
- Second opinions or proactive health check.

Note:

- Clinical consultation required before booking.
- May detect incidental or benign findings, leading to further testing or anxiety.
- Not suitable for infectious, metabolic, or small-vessel heart disease.

Email: info@matai.org.nz
Subject: **Precision MRI**

